## **Cultural Competence**

Cultural competence is essential in working with clients and consumers as well as in conveying new information, procedures, and protocols to your workforce. Understanding and applying cultural competence in your training program helps to ensure its success. Following are some sources that you can explore to learn more about cultural competence approaches, standards, and resources.

## **Website Resources**

<u>SAMSHA's KAP</u> site provides resources and links on cultural relevance and diversity, including health profiles for <u>African Americans</u>, <u>American Indian/Alaska Native</u>, <u>Asian American/Pacific Islander</u>, and <u>Hispanic</u>. It also provides a <u>practical guide</u> for implementing the national standard for culturally and linguistically appropriate services in health care, among other resources.

<u>Center for Effective Collaboration and Practice</u> offers an on-line discussion group and resources on cultural competence such as 1) What is cultural competence; 2) Why is cultural competence important; and 3) How does cultural competence differ from cultural sensitivity/awareness?

<u>Cultural Competence Websites in Mental Health</u> is a list complied by the State of New York.

<u>U.S. Department of Health and Human Services the Office of Minority Health</u> provides information and resources on creating culturally competence workplaces and providing culturally competence services, specifically in health care.

<u>U.S. Department of Health and Human Services Health Research and Services</u>
<u>Administration</u> (HRSA) provides resources and links on how to provide culturally- and linguistically-specific patient data.

<u>Multi-Cultural Action Center</u> is supported by NAMI to focus attention on system reform to eliminate disparities in mental health care for diverse communities, ensure access to culturally competent services and treatment for all Americans, and particularly to help and support people of diverse backgrounds who are affected by serious mental illness.

<u>The National Center for Cultural Competence</u> (NCCC) provides national leadership and contributes to the body of knowledge on cultural and linguistic competency within systems and organizations.

<u>TransCultural Nursing</u> provides information and resources on providing culturally competence care.

## **Report and Other Resources**

<u>Cultural Competency</u> is a final report (2004) created by National Technical Assistance Center for State Mental Health Planning.

National Association of Social Workers Standards for Cultural Competence in Social Work Practice provides guidance on 10 standards of cultural competence in social work.

<u>Managing Diversity at Duke: A Toolkit for Managers</u> provides guidance on the Dos and Don'ts in creating culturally competence organizations.